

FREEZERLAND PRICE LIST 2018

www.freezerlandfrozenfoods.co.za 021-9304190

ITEM	PRICE
CHICKEN DRUMSTICKS,WINGS,THIGHS & STAR PACKS	R63.30/KG
BUFFALO WINGS	R99.90KG
DE BONED WHOLE BIRD STUFFED 1.3KG	R114.90
WHOLE TURKEY 5/6	R72.00/KG
<i>SKINLESS CHICKEN BREAST (individually wrapped)</i>	<i>R79.90/KG</i>
<i>SKINLESS PLAIN FILLETS</i>	<i>R50.00/KG</i>
CRUMBED CHICKEN BREAST	R 99.90KG
CHICKEN GARLIC BREAST	R 99.90KG
CHICKEN SCHNITZELS 8'S	R 99.90KG
MICROWAVE SCHNITZEL	R99.90/KG
CHEESE SCHNITZEL 4'S	R 99.90KG
MUSHROOM SCHNITZEL 4'S	R 99.90KG
CHICKEN KIEV 8'S	R 89.90KG
CHICKEN CORDON BLEU 8	R 89.90KG
SOUTHERN FRIED STRIPS 400G	R39.9PKT
HAND CUT NUGGETS	R99.90/KG
HAND CUT CHICKEN STRIPS	R 99.90/KG
<i>SOUTHERN FRIED STRIPS (BULK)</i>	<i>R89.90KG</i>
SOUTHERN FRIED POPS	R89.90KG
CHICKEN STEAKLETS,NUGGETS, BURGERS 8'S	R54.90/PKT
CRUMBED SPICY CHICKEN WINGS	R102.20/KG
BOEREWORS	FROM R76.40/KG
BEEF BURGERS 4'S	R35.80
FISH CAKES 12	R39.90/PACK SPECIAL R34.90
HADDOCK FILLETS	93.90/KG
PLAIN HAKE FILLETS	R86.00/KG
SEAFOOD MIX	R48.90
<i>SEAFOOD MIX 240 G</i>	<i>R15.90</i>
<i>SHRIMP</i>	R30.90
SMOKED SALMON 80G	R25.90
CRAB STICKS	R53.90
<i>PRAWN MEAT</i>	<i>R149.90</i>
<i>FISH FINGERS</i>	<i>R58.80/KG</i>
VALORE 28 CM PIZZA BASES 5'S	R37.90
16 CM VALORE PIZZA BASE5'S	R20.70
SNACK PACK MINI PIZZA 5'S	R32.40
3 PACK PIZZA BASES 23CM	R24.90
STREAKY BACON 250G	R35.30
BACK BACON 250G	R32.90
BONELESS GAMMON	R82.20/KG
VARIOUS PORK PRODUCTS	NEW
WHOLE WHEAT/PLAIN WRAPS 8	R28.60/PACK
ROTI 5'S	R20.90/PACK
NAAN BREAD 2'S	FROM R14.90
<i>FROZEN CHIPS 2.5 KG</i>	<i>R55.30</i>
<i>STEAK CUT CHIPS 2.5KG</i>	<i>R56.40</i>
<i>FROZEN CHIPS 1 KG</i>	<i>R19.90</i>
<i>HASH BROWNS 6'S</i>	<i>R17.30</i>
<i>BATTERED ONION RINGS</i>	<i>R48.50 SPECIAL R39.90</i>

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FAMILY PIES	R49.90 EACH
COCKTAIL PIES 12'S	R58.30
COCKTAIL SAUSAGE ROLLS 12'S	R58.30
SAMOOSA 12'S	R28.60
JALAPENO FINGERS & CHILLI BOMBS	R64.30
POTATO CHEESE BALLS	R64.30
SPRINGROLLS/SAMOOSA 50'S	R99.90
CHEESE PUFFS 50'S	R99.90
COCKTAIL PIES 50'S	R115.00
PARTY PACK VARIETY 50'S	R99.90
CHOPPED SPINACH	R21.40
BUTTERNUT	R20.00/KG
BUTTERNUT & BEETROOT	R34.30/KG SPECIAL R31.90
PUMPKIN	R20.00/KG
POTATO GARLIC & PARSLEY	R24.90/KG
SWEET POTATO	R26.50/KG
COUNTRY CROP	R21.50/KG
ROAST VEG	R22.90/KG
BRUSSEL SPROUTS	R21.90/KG
SLICED PEPPERS	R39.40/KG
MIXED VEG	R19.30/KG
BABY CARROTS	R16.50/KG
CARROT RINGS	R12.20/KG
PEAS & CARROTS	R26.00/KG
CORN	R29.90/KG
SUMMER MIX	R26.40/KG SPECIAL R24.70
CUT BEANS	R21.90/KG
BEANS, POTATO & ONION MIX	R30.70/KG SPECIAL R28.90
PEAS	R25.70/KG
PEAS, CORN & CARROTS	R26.50/KG
SLICED ONIONS	R23.60/KG SPECIAL R19.90
CAULIFLOWER	R23.20/KG
BROCCOLI	R28.90/KG
SLICED MUSHROOMS	R28.90/KG
CABBAGE	R26.40/KG SPECIAL R23.90
EURO MIX	R32.30/KG SPECIAL R29.90
BUTTERNUT & PEA/HAM SOUP	R28.90/LITRE *** SPECIAL R24.90
CHICKEN A LA KING	R44.90
MACARONI & CHEESE 1 KG	R49.90
MACARONI & CHEESE 350G	R21.90
BROCCOLI BAKE	R44.90
SPINACH GRATIN	R44.90
BEEF LASAGNE 1 KG	R74.60
CHICKEN LASAGNE 1 KG	R83.90
COTTAGE PIE 1 KG	R95.90
CHOCOLATE FUDGE PUDDING	R39.90
MALVA PUDDING	R39.90
STICKY TOFFEE PUDDING	R39.90
ROUND WAFFLES 4'S	R26.30

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ITEM	PRICE
FLAP JACKS 8	R15.80
ASSORTED MUFFIN BATTER	R43.90
FROZEN STRAWBERRIES 500G	R19.90
FROZEN MIXED BERRIES 500G	R39.60
FROZEN BLUEBERRIES 500G	R43.60
RICE CAKE SNACKS 40G	R6.10
<i>RICE CAKES</i>	<i>FROM R13.90</i>
<i>SESAME CRISPS</i>	<i>R12.00</i>
ECLAIRS SWEETS 50'S	R12.60
POM POM SWEETS 100'S	R10.00
PAMPOEN KOEKIES/PUMPKIN FRITTERS 350G	R 31.90
NU VEG VARIETY	R27.50
MOO'S FROZEN ICE CREAM 12'S	R61.45
MARCEL'S QUICK BITE STICKS	R19.50
MARCEL'S TUBS 175ML	R22.00
MARCEL'S 1L TUBS	R62.90
NU VEG PACK'S	FROM ***** R27.50
<i>ST DALFOUR JAMS & FRENCH BISTRO</i>	<i>R34.20</i>
<i>ST DALFOUR ORGANIC TEA</i>	<i>R37.95</i>
VARIOUS ST DALFOUR SPECIALS IN STORE	3 PIECE CHRISTMAS GIFT PACK ONLY R68.40
<i>INA PAARMAN SPICES 200ML</i>	<i>FROM R25.90</i>
<i>SALAD DRESSINGS</i>	<i>R31.70</i>
<i>READY TO SERVE SAUCE</i>	<i>R29.70</i>
<i>GRAVY'S</i>	<i>R24.30</i>
<i>CHARCOAL/BRIQUETTES 4KG</i>	<i>R28.40</i>
<i>FIRE LIGHTERS</i>	<i>R13.70</i>
BULK BOXES	BULK BOXES
CHICKEN STEAKLETS 6 KG	CHICKEN SCHNITZEL 5 KG & CRUMBED BREAST 5KG
CHICKEN BURGERS 6 KG	SOUTHERN FRIED STRIPS 5 KG & HAND CUT STRIPS
CHICKEN NUGGETS 6 KG	BUDGET BURGERS 3 KG
SOUTHERN FRIED POPS 6 KG	FISH CAKES 5KG R150.00
CHICKEN KIEV 6 KG	FISH FINGERS 5KG
CHICKEN CORDON BLEU 6 KG	
Please note prices are subject to change without warning, specials are available while stocks last.	PLEASE ENQUIRE IN STORE FOR BULK BOXES PRICING