

## FREEZERLAND PRICE LIST 2019

[www.freezerlandfrozenfoods.co.za](http://www.freezerlandfrozenfoods.co.za) 021-9304190

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No. 6 Boulevard Park, Bellville.

ITEM	PRICE
CHICKEN DRUMSTICKS, WINGS, THIGHS & STAR PACKS	R63.30/KG
BUFFALO WINGS	R99.90/KG
DE BONED WHOLE BIRD STUFFED 1.3KG	R114.90 <i>special</i> R99,90
WHOLE TURKEY 5/6	R56.90/KG
CHICKEN LIVERS 250G	R9.60/tub
<i>SKINLESS CHICKEN BREAST (individually wrapped)</i>	<i>R79.90/KG</i>
<i>SKINLESS CHICKEN PLAIN FILLETS</i>	<i>R50.00/KG</i>
CRUMBED CHICKEN BREAST	R 99.90/KG
CHICKEN GARLIC BREAST	R 99.90/KG
CHICKEN SCHNITZELS 8'S	R 99.90/KG
CHICKEN SCHNITZEL 4'S	R109.90/KG
CHEESE SCHNITZEL 4'S	R 99.90/KG
MUSHROOM SCHNITZEL 4'S	R 99.90/KG
CHICKEN KIEV 8'S	R 89.90/KG
CHICKEN CORDON BLEU 8	R 89.90/KG
SOUTHERN FRIED STRIPS 400G	R39.9PKT
HAND CUT NUGGETS	R99.90/KG
HAND CUT CHICKEN STRIPS	R 99.90/KG
<i>SOUTHERN FRIED STRIPS (BULK)</i>	<i>R89.90/KG</i>
SOUTHERN FRIED POPS	R89.90/KG
CHICKEN STEAKLETS 8'S , NUGGETS , BURGERS 8'S	R54.90/PKT
CRUMBED SPICY WINGS	R105,00/KG
PLAIN CHICKEN WINGS	R105,00/KG
FISH CAKES 12	R34.90
HADDOCK FILLETS 4/6	93.90/KG
PLAIN HAKE FILLETS 4/6	R95.80/KG
CRUMBED HAKE FILLETS	R99,90/KG
<b>NEW</b> YELLOWTAIL PORTIONS	R89,90/KG
SEAFOOD MIX	<b>NEW</b> R52.50 <i>special</i> R50,90
<i>CRUMBED CALAMARI RINGS</i>	R103,40
<i>CRUMBED CALAMARI STRIPS 500G</i>	R78,70
<i>CRUMBED CALAMARI RINGS</i>	R103,40
<i>½ SHELL GARLIC MUSSELS</i>	R91,30
CRAB STICKS	R49.90 <i>special</i> R44,30
<i>PRAWN MEAT</i>	<i>R149.90 special R147,90</i>
<i>500G PRAWN MEAT</i>	<i>R114,95</i>
<i>FISH FINGERS</i>	<i>R55.90</i>
<i>30CM PLAIN PIZZA BASE 5'S</i>	<i>R41,50</i>
VALORE 28 CM PIZZA BASES 5'S	R37.90
23CM PLAIN PIZZA BASE 5'S	R35.75
16 CM VALORE PIZZA BASES 5'S	R20.70
SNACK PACK MINI PIZZA 5'S	R32.40
3 PACK PIZZA BASES 23CM	R24.90
STREAKY BACON 250G	R36.10 <i>special</i> R33,70
BACK BACON 250G	R32.90
TEXAN STEAK	R94,50/KG
PORK RIB BURGERS	R97,80/KG
<b>NEW DELI – CO PRODUCTS</b>	<b>LAMB, SKILPADJIES, BURGERS, WORS</b>